

PRIVATE TENNIS LESSONS

A perfect way to work on your game, allowing you to get to the next level. Our staff of professionals will strengthen your fundamentals; give you the experience of playing with a "Pro" while perfecting your strategic awareness. Drill all of your strokes while gaining the benefit of an intense aerobic workout. Do one or do all but treat yourself today by booking your first session with one of your professionals.

Non – Prime : M-F before 3:00 pm
Prime: All other times

MEMBERS:

1 Hour Non – Prime	\$145
1 Hour Prime	\$170
10 Hours Non –Prime	\$1300*
10 Hours Non – Prime 2 People	\$850* Per Person
10 Hours Prime	\$1550*
10 Hours Prime 2 People	\$1000* per person

NON - MEMBERS:

10 Hours Non –Prime	\$1550*
10 Hours Non – Prime 2 People	\$1000* Per Person
10 Hours Prime	\$1850*
10 Hours Prime 2 People	\$1200* per person

Full payment due with reservation!

Please note: A 24 hour cancellation rule applies to all appointments!

* Booked week to week: Non Reserved

SEASONAL TENNIS PRIVATE

Limited Availability: Must be a TCR member or member of Junior Program.

For those who love a weekly time with their coach our STP is just the ticket. Book your session following the 28 - week Fall/Winter Session or 14 - week fall or winter session for same time and day of the week. Cancel your session with 24 - hour advanced notice and make up the private during the remainder of the session. Sessions must be made up by 08/31/09. (Fixed day, time, and pro)

14 Fall/Winter Session Hours \$2900

14 Fall/Winter Session Hours 2 People \$1850 / person

28 Fall/Winter Session Hours \$5200

28 Fall/Winter Session Hours 2 People \$3200 / person

PERSONAL TRAINING FITNESS CENTER OR REFORMER PILATES

A qualified personal trainer can help anyone. Regardless of physical condition or age, whether you want to tone up, slim down, recover from an injury or looking to improve your 'game' TCR has a multidisciplinary staff that can help you reach your fitness goal.

Mix and match strength training with Pilates reformer work, yoga, aquatic training....

You name it; if it makes sense fitness wise, our staff can do it!

Full payment due with reservation!

Please note: A 24 hour cancellation rule applies to all appointments!

1 Hour Private	\$100
10 Hours Private	\$800
10 Hours 2 People	\$500 per person
20 Hours Private	\$1500

PRIVATE SWIM LESSONS

Whether for the beginner or the advanced swimmer, our professional swim coaches will make your time in the water more enjoyable. For the novice we will stress life-sustaining flotation and elementary propulsion. For those seeking cardio benefits through lap swimming, we will perfect your technique so as to make your aquatic exercise time more efficient and productive.

MEMBERS:

1 Hour Private	\$100
10 Hours Private	\$800*
10 Hours 2 People	\$600* / person
14 Hours Private Fixed time	\$1300
14 Hours Private Fixed time 2 People	\$850 / person
28 Hours Private Fixed time	\$2400
28 Hours Private Fixed time 2 People	\$1500 / person

NON- MEMBERS:

10 Hours Private	\$1000*
10 Hours 2 People	\$800* / person
14 Hours Private Fixed time	\$1500
14 Hours Private Fixed time 2 People	\$950 / person
28 Hours Private Fixed time	\$3000
28 Hours Private Fixed time 2 People	\$1800 / person

Full payment due with reservation!

Please note: A 24 hour cancellation rule applies to all appointments!

*Booked week to week/ Non- reserved

SEASONAL TENNIS

33 week season, season extends from week of 9/22/08 - week of 5/18/08. Break to be determined! Open time reservations for TCR members only. Make-ups given with 24 hour cancellation notice only. Court payment due with reservation!

Weekdays Season
6:00 - 3:00 PM \$3200

Open Time
1 Hour \$50 2 Hour \$70

All Other Times Season
\$4200

Open Time
1 Hour \$80 2 Hour \$110

SPA SERVICES

	Member Single Session	Member 10 - Pack	Non Member 10- Pack
Swedish (60)	\$100	\$900	\$1200
(90)	\$140	\$1260	\$1700
Deep Tissue	\$120	\$1080	\$1380
Aromatherapy (60)	\$130	\$1170	\$1470
(90)	\$165	\$1665	\$2115
Prenatal (60)	\$115	\$500	N.A.
Reflexology (30)	\$55	N.A.	N.A.

REFORMER PILATES

Members :

Reformer Pilates: 10 Classes \$250

Non - Members:

Reformer Pilates: 10 Classes \$500

Full payment due with reservation!

Please note: A 24 hour cancellation rule applies to all appointments!

Account Number: _____

Student's Name: _____

Email: _____

Address: _____

Town: _____ State: _____ Zip: _____

Home Phone: _____

Dad's Phone: _____ / _____
WORK CELL

Mom's Phone: _____ / _____
WORK CELL

Dad's Name: _____

Mom's Name: _____

School: _____ Grade: _____ Age: _____

PAYMENT:

AMEX VISA MASTER DIS

CARD# _____

EXPIRATION DATE: _____

CASH CHECK

STAFF _____ DATE ENROLLED: _____

PLACED _____ INITIALS _____

CONFIRMED BY _____ DATE _____

OFFICAL USE ONLY

COST _____ FULL _____

DEPOSIT _____ BALANCE _____

NO REFUNDS. TCR CREDIT ONLY AT DIRECTOR'S DISCRETION

MEMBER SERVICES



**PRIVATE TENNIS LESSONS
PERSONAL TRAINING
PRIVATE SWIM LESSONS
SEASONAL TENNIS
SPA SERVICES
2008 -2009**

TCR

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